

Presented By The California Highway Patrol
In Conjunction With The San Mateo County Commission On Aging
And San Mateo County Supervisor Warren Slocum



AGE WELL – DRIVE SMART

A Seminar For Older Drivers To Improve Driver Safety

UPCOMING SEMINARS

WEDNESDAY, February 7 – 9:00 a.m. – 12:30 p.m.
Veterans Memorial Senior Center, Redwood City

THURSDAY, March 8 – 9:30 a.m. – 1:00 p.m.
Twin Pine Center, Belmont

TUESDAY, April 3 – 9:00 a.m. – 12:30 p.m.
Foster City Recreation Center, Foster City

TUESDAY, May 15 – 9:00 a.m. – 12:30 pm
Colma Community Center, Colma

TOPICS COVERED

Myths About Older Drivers
A Confidential Self Evaluation
Compensating for Age Related Changes
Nutrition and Strength
“Tune Up” Your Driving Skills
Safe Driving Tips
Rules of The Road
Transportation Alternatives

TO REGISTER OR FOR MORE INFORMATION

The Office of Supervisor Warren Slocum
(650) 363-4570 or mdragun@smcgov.org

Space is limited to the first 40 registrants. Refreshments will be served.

