

Presented By The California Highway Patrol  
In Conjunction With The San Mateo County Commission On Aging  
And San Mateo County Supervisor Warren Slocum



## AGE WELL – DRIVE SMART

A Seminar For Older Drivers To Improve Driver Safety

### UPCOMING 2020 SEMINARS

Wednesday, February 19 – 9:00 am – 12:30 pm  
Veterans Memorial Senior Center, Redwood City

TUESDAY, March 17 – 9:00 am – 12:30 p.m.  
San Carlos Adult Community Center, San Carlos

WEDNESDAY, April 22 - 9:00 a.m. – 12:30 p.m.  
Senior Coastsiders Center, Half Moon Bay

THURSDAY, May 7 - 9:00 a.m. – 12:30 p.m.  
Burlingame Main Library, Burlingame

THURSDAY, June 4 – 9:00 a.m. – 12:30 p.m.  
Magnolia Senior Center, South San Francisco

### TOPICS COVERED

Myths About Older Drivers  
A Confidential Self Evaluation  
Compensating for Age Related Changes  
Nutrition and Strength  
“Tune Up” Your Driving Skills  
Safe Driving Tips  
Rules of The Road  
Transportation Alternatives

### TO REGISTER OR FOR MORE INFORMATION

The Office of Supervisor Warren Slocum  
(650) 363-4570 or [mdragun@smcgov.org](mailto:mdragun@smcgov.org)

Space is limited to the first 40 registrants. Coffee & Pastries will be served.

